



Swedish
Covenant
Hospital

SUMMER 2009

THE *Caring* TIMES

A SWEDISH COVENANT HOSPITAL PUBLICATION FOR ALUMNAE OF THE SCHOOL OF NURSING

Dear Nurse Alumnae,

If my memory serves me correctly, 2009 is the 110th Anniversary of the Swedish Covenant Hospital School of Nursing. The school officially closed with the graduating class of 1969. They will celebrate 40 years this fall. Congratulations!

Things are changing for this year's celebration. The Nursing Alumnae are receiving an award from the hospital. The Alumnae group is one of two recipients of this year's **Spirit of Compassion Award**. This award will be presented at the hospital's annual Gala on October 17, 2009. We are encouraging everyone to attend. You will receive a formal invitation for this event later in the summer, but please feel free to let the Hospital Development office know if you plan on attending by calling 773.989.6256

The Spirit of Compassion Award began in 2002. The award was created "to give recognition to those individuals who have given selflessly of themselves to improve the human condition of others beyond the walls of Swedish Covenant Hospital, reaching throughout our city, state and country...often touching other countries across the globe, as well."

One of the recipients recognized in 2002 was our own Dr. Virginia Ohlson! What an honor to have an SCH grad be selected. That year Dr. Robert G. Thorpe was the second recipient. This year's other recipient is Dr. Arthur Peterson.

The education and experiences we received at SCH set a foundation for each of our graduates. It gave us tools to use our entire lives in a variety of settings. God truly blessed each student. I would like to personally thank each member for your continued support of the Alumnae over the years. Your constant support of our missionaries each year, the practical gifts to the Covenant Home, and your overwhelming support for our Chapel project come immediately to mind.

Please circle October 17th on your calendar, and consider joining the whole group for the Gala at the Palmer House in Chicago.

May God continue to hold you in the palm of His hand.

Maggie Henneberry
Class of 1968



Kudos to the class of 1959; a number of them have already informed us of attendance at the Reunion and Gala

Title

The following is written by Tina Lantt McKnight '65 after attending her 35th reunion in 2000.

As I reflect upon this last nursing class reunion, I thank You for bringing me into the particular class You did at the particular time You did to the particular school you did. We are a family more than that we are a class and it's your family, Father. Thank You, Lord.

I ask your forgiveness for not being as faithful as I should have been in upholding my sisters in prayer. I see that You have been at work in their lives regardless.

You have brought into each life a measure of joy, a measure of sadness, a measure of pain and a measure of sorrow and all in the proper amount in order to refine the gold You knew was there all along. And in so doing, You made us more like You for You knew what it would take to mold each of us into Your image.

To some You allowed illness and pain, to some broken dreams and promises and hopes.

Some may have experienced loss of loved ones through death, divorce, rebellion, or just plain estrangement.

I see much joy through all this sadness and these tears. We have had success in areas we never dreamed we'd be successful in back when we were at Cov.

You have given us caregivers, supervisors, Doctors of Nursing, authors, artists, appraisers, entrepreneurs, moms, and grandmas. Many have experienced wealth and some have experienced poverty and there are those I don't even know about, but You do, Father.

You made some to be doctors' wives and pastors' wives and some to be counselors and You sent some of us to the mission field, Father, and You are using us all for Your Glory, which is what we dreamed of so many years ago at Cov. Keep us faithful to You, Lord, please.

Lay the wrinkles oh so gently on our brows that they might add the beauty of our older sisters to our own.

Help us to wear the hair of silver that you are putting on our heads with grace and dignity and not seek to change it too much.

Oh Lord, as we continue our journey home to You, help us to rejoice and be glad. When our work here on earth is done, we have an eternity to look forward to that will be spent with You and with each other. Our fellowship there will not end. There will be no shift change to dread that will separate us one from the other.

We'll just go on and on with You and with each other, for we are not just members of the Sisterhood of Nursing but sisters in every sense of the word I do believe, and for that I most humbly thank You, Father. Amen



In Loving MEMORY

Elvera Bruckner '44
October 22, 2008

Carolyn D. Bruemmer '48
January 15, 2009

Lillian (Johnson) Carlson '41
December 18, 2008

Dorothy Carlstrom '42
February 28, 2008

Marjorie (Engberg) Cooke '42
April 10, 2009

Frances Dalton '42
December 28, 2008

Lois (Peterson) Damashek '44
June 11, 2008

Edith (Alberts) Gustafson '32
May 20, 2008

Patricia (Carlson) Gustafson '51
January 27, 2009

Helen (Landin) Nordin '37
August 18, 2008

Virginia (Carlson) Olson '44
March 1, 2008

Mary (Longman) Sutherby '57
October 2, 2008

Missionary Updates 2008

Karen Benson

March 2009 news from Karen Benson tells of making a tour of previous ministry locations to say farewell to the Nationals and missionaries she has worked with in recent years. She is now preparing for her retirement tour in the States! She begins her tour in July 2009 and officially retires December 1, 2009. Let us uphold her in prayer for this tour that her life will honor God and encourage others to missionary service.

Beth Trimble

Mark and Beth have begun a new term of Seminary in Rio Branco, Brazil with 11 new students. Pray for their work as teachers as well as leading the school to establish its teaching ministry. This school is one of the main suppliers of pastors for the ongoing work of God in Brazil.

If you have news from missionaries in your class, please feel free to forward it for publication. As you realize, we do not have very many missionaries on the overseas fields. However, many of our missionaries are busy doing student work and ethnic outreach here at home.



Journey to Magnet Status

Nursing at Swedish Covenant Hospital has been on the Journey toward Magnet Recognition since 2007. It has been an exciting journey; one in which I hope never ends, but grows and takes on new directions.

As we prepare for the recognition this summer, we are in the process of “*writing our story*,” a story that exemplifies the Fourteen Forces of Magnetism. These forces include standards which focus on Nursing Leadership, Professional Models of Care, Quality Improvement and Professional Development.

Creating an environment which supports and recognizes Professional Development has been a high priority over the past year. We have recently revised our Clinical Ladder program. This program recognizes nurses for their years of experience, their personal development, peer mentoring, and their contributions to the community in which they serve. Becoming nationally board certified in the area of their nursing specialty has become integral to the staff nurse’s progression within this Clinical Ladder program.

There are so many benefits for encouraging our staff to become nationally board certified, including:
Gives nurses recognition among their peers and indicates that the nurse has a certain level of specialty knowledge.
Healthcare consumers understand the term “board certified” and come to expect it from their healthcare providers.

An increasing number of hospitals and facilities are using certification along with education and continued learning as criteria for advancement or reward.

Personally, I understand what it takes to become certified. Nurses are required to have hands-on experience in their specialty typically for 2 years. There is a significant body of information which must be mastered and a written test taken to validate this learning. This requires personal commitment and often time and money away from one’s family.

Supporting our nurses in this process, through tuition and certification reimbursement has helped to grow our number of board certified nurses. Two years ago we had approximately 60 nurses certified; today we have more than 120 nurses. To name a few, specialties included are Medical/Surgical, Critical Care, Oncology, Rehabilitation, Surgery, and Neonatal.

This year’s 2009 Gala will honor nurses of yesterday, today and tomorrow. Most importantly it will recognize the Swedish Covenant Hospital School of Nursing Alumni. I am so pleased and honored that proceeds from this year’s Gala are dedicated to nursing at Swedish Covenant Hospital and their Journey towards Magnet and Professional Development.

This wonderful event will help to support bringing the *Best of the Best to the Bedside*.

The Healing Comfort of Food

Swedish Covenant Hospital is located in one of the most diverse communities in the country. So it only makes sense to provide ethnic foods for our patients, like they eat at home. Our patient food services manager, Maria Simmons, talks about the award-winning program.

How did the international menu begin?

“We’ve had an international menu for over 10 years, including Korean, Hispanic, and Indian/Muslim cuisine. But the food was still Americanized. One day, our Korean interpreter told me that patients appreciated our efforts, but the food didn’t taste like home. So she started working with us to prepare recipes and write our menu.”

“Her mother and aunt came over to taste the food and make sure each recipe was accurate. Now our Korean menu has items like seaweed soup and Korean BBQ beef—all made from scratch.”

“Not long after that, our Hispanic nurse liaison came to me and said she and other Hispanic-Latin employees were willing to help us develop an authentic Hispanic-Latin menu. So we went through the same process. Now we have recipes from Mexico, Equador, the Dominican Republic, Cuba, and Puerto Rico.”



Do you find that it’s helped patients?

“Absolutely. We needed an authentic menu to help patients get better. In fact, the Korean culture believes that after giving birth, the body should be replenished with iron. Seaweed has a lot of iron. So it’s traditional to eat seaweed soup after giving birth. Patients are happy to be able to carry on their traditions here.”

Article courtesy of Swedish Covenant Hospital

Scholarship Information

Hi to all you grand parents out there. We still have some money left for scholarship Huse. If you have a grandchild who is in nursing, he or she might be positioned to receive a scholarship from SCHNAA. What is required is to be half through the nursing program. This usually means they are going into their senior year at school. In most schools now, the nursing major starts in the junior year with the first two years being used for their pre-requisites like gen ed, anatomy and physiology, sociology, psychology and a variety of other courses. The student should contact: Dr. Darline Wilke, 2503 Mayapple Ct., Northbrook, IL 60062. She or he may also contact Dr. Wilke by phone at 847-291-7715 or email at darlinewilke@att.net. Dr. Wilke will ask the student to complete an application and submit a transcript. We would love to hear from them.

Missing Alumnae

We are always trying to keep our records accurate and up to date so that we can reach as many of our alumnae as possible with the newsletter, invitations, and other communications. The following is a list of alumnae for which we have no contact information. If you know where any of these alumnae are, please contact Cam Johnson, of the SCH Development Department, at (773) 989-6256 or cjohnson@schosp.org. Thank you for your help.

FIRST NAME	LAST NAME	MAIDEN NAME	DATE GRADUATED	FIRST NAME	LAST NAME	MAIDEN NAME	DATE GRADUATED
Bernadine	Adams	Anderson	1943	Genevieve	King		1963
Nancy	Alderson			Grace	Kolb	Lindahl	1947
Alice	Alexander	Blomquist	1941	Anna	Lantz		1946
Blanche	Anderson	Eck	1941	Frances	Larson	Appel	1948
Frances	Anderson		1953	Edith	Larson	Nelson	1949
Sue	Anderson		1964	Ella	Lee	Rose	1948
Donna	Anderson	Kossen		Mary	Lee	Lundeen	1963
Edna	Bain	Francis	1954	Lois	Leyson	Johnson	1950
Carol	Bennett	Shrum	1959	Inez	Lindberg		1942
Janice	Berry	Sorensen	1965	Verna	Lundberg		1942
Josephine	Binnquist	Ericson	1939	Frances	Mayforth	Sobieski	1957
Patricia	Bolin		1966	Vallie	Milloway	Sharpe Craddock	1963
Susan	Bolks	Pfleeger	1965	Virginia	Moberg	Seaborg	1946
Shirley	Bradley		1955	Geri	Olson		1957
Jane	Brown	McQuate	1950	Dorothy	Peters	Bjur	1935
Edna	Cabell	Ness	1959	Signe	Peterson		1932
Thelma	Carlson		1953	Bernice	Peterson		1940
Lillian	Christensen	Stenmark	1939	Susan	Powell		1960
Ruth	Cumberworth		1965	Elizabeth	Powrie	Harper Dodsworth	1951
Lela	Dean	Christenson	1955	Linda	Reynolds	Disney	1963
Joy	Dilg		1959	Phyllis	Roeder		1965
Elizabeth	Dodsworth	Harper	1951	Joan	Ryan		1955
Frances	Engstrom		1941	Rebecca	Schick	Macheod	1964
Sarah	Evans	Sverchek		Lorene	Schultz		1960
Pauline	Ferguson	Bard	1951	Rose	Scott	Peterson	1939
L. Mildred	Fleming	Davis	1950	Jeanette	Seaberg		
Dorothy	Forsberg	Overhulse	1948	Pat	Sexton		1942
Peggy	Fullerton	Holm	1955	Mae	Simonson		1948
Alice	Garver	Vander Weel	1953	Jean	Skoglund	Westerberg	1956
Annette	Grandin		1934	Irma	Smith	Nelson	1945
Jeanette	Hallmann	Engwall	1939	June	Smith	Willmington	1965
Rhoda	Hess	Harlow	1960	Dorothy	States		1964
Edith	Hitchington	Howard	1949	Evelyn	Stella		1939
Mary	Hobaugh		1948	Hazel	Stromberg		1944
Sandra	Holton		1966	Alice	Swanson		1932
Janice	Hulbart	Murphy	1957	Grace	Taylor		1953
Barbara	Hull	Anderson	1955	Peggy	Upstrom		1968
Marie	Hunt		1940	Ruth	Wang		1948
Edna	Jenks		1937	Esther	Weidemann		1965
E. Margaret	Johnson	Anderson	1940	Robert	Willoughby	Kimble	1951
Eloise	Johnson	Kettelson	1950	Elizabeth	Wortinger		1950
Larry	Johnson			Ledoris	Youngward		1940
Sheryl	Johnson						

CORRESPONDENCE

Please take a few minutes to fill out this entire form and mail to:

SCHNAA
5145 N. California Ave.
Chicago, IL 60625

Room reservations for Reunion/Gala events on October 17, 2009 can be made by calling:

North Shore DoubleTree Hotel

9599 Skokie Blvd.

Skokie, IL 60077

(847) 697-7000 — *must reserve room(s) by Sept. 24*

(PLEASE CHECK)

- I am planning to attend one or both events, and will need the following services on October 17, 2009:
 - DoubleTree shuttle to Hospital for Reunion, which starts at 10am
 - DoubleTree shuttle returning to Hotel following Reunion, which ends at 1pm
 - Transportation from Hotel to Palmer House for Gala, which starts at 6pm
 - I regret to say that I am unable to attend the Reunion and Gala

2009 SCHNAA DUES NOTICE

Our funds support missionaries and scholarships. \$30 annual membership

Name _____ Maiden _____ Class _____

Address _____

Phone _____ Email _____

Attention Career Missionaries!!! *Active or Retired*

Once again, SCHNAA would like to remember missionary alumnae. Please complete so that your gift reaches you. * Missionary Gala attendees will receive one complimentary Gala ticket as their gift, courtesy of SCHNAA.

Name _____ Maiden _____ Class _____

Address _____

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is a publication of Swedish Covenant Hospital's Nursing School Alumnae Association and the Foundation Office.

Mark Newton, President and CEO

Editor: Cam Johnson

We try to be as accurate as possible with the information that we have available. Please inform us of any misspelled names or inaccuracies by calling (773) 989-62456. We value your input.

Please send any class notes or address updates to

Attn: Cam Johnson

Swedish Covenant Hospital

Foundation Office

5145 N. California Ave.

Chicago, Illinois 60625



RETURN SERVICES REQUESTED

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